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# 2004 Chicago Conference Presenters\*



Haneef N. Alibhai BSc, MD, CM, CCFP

Dr. Haneef Alibhai graduated from McGill Medical School in Montreal, Canada. He is currently the medical director of md cosmetic & laser clinic in Abbotsford, BC, Canada and the director of training of md cosmetic & laser training. His main interests lie in the fields of aesthetic dermatology, lasers, pulsed light sources, Botox and Cosmetic Fillers. He is a member of the American Society of Laser Medicine and Surgery and a faculty member of the Pan American College of Aesthetic Medicine. Dr. Alibhai has been a keynote speaker at several conferences including the International Congress of Aesthetic Medicine. He is the Western

Canadian Physician Trainer for Botox Cosmetic, Juvederm and Restylane. He also trains and speaks to physicians, nurses and aestheticians throughout North America on laser and intense pulsed light applications.



**Bill Anton, B.S.C.**Swinburne University Graduate School of Medicine

Mr. Anton is a graduate of Monash University in Clayton, Australia where he received his Bachelors degree in Biochemistry and Microbiology. He has a graduate degree in Marketing from the Chisholm Institute. Mr. Anton has continued his education and has received diplomas from the American College of Nutritional & Environmental Medicine and the American Academy of Anti-Aging Medicine. He currently holds a teaching position at Swinburne Univerity, Department of

Integrative Medicineand is a guest lecturer at the Australian College of Nutritional and Environmental Medicine.



Francis John Antonawich, Ph.D.

Research Assistant Professor, Department of Neurology, HSC T12, SUNY at Stony Brook

Dr. Antonawich received a Ph.D. degree in neurobiology from New York University, NY, and finished his postdoctoral training, Department of Neurology and Neurobiology at SUNY, Stony Brook, NY. In the present Dr. Antonawich is the chairperson,

Department of Biology, St. Joseph's College, and in the field of research Dr. Antonawich is working as research assistant professor, Department of Neurology, SUNY at Stony Brook, NY. A great research interest Dr. Antonawich has in Apoptosis, Neuroendocrinology, Stem Cells, Ischemia, Stroke, Neuro-Oncology, and Huntington's Disease.

Dr. Antonawich is a member of American Society of Gene Therapy, Cell death Society, New York Academy of Science, Society of Neuroscience, International Brain Research Organization and International Neuropeptide, as well as he received honors from New York University, and many other awards. Dr. Antonawich is the author of many articles, abstracts and books.

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Robert Goldman PhD, FAASP, DO, FAOASMM Chairman A4M



Lionel Bissoon, DO
President of the American Board of Mesotherapy

Dr. Lionel Bissoon is President of the American Board of Mesotherapy and a member of the American Society of Mesotherapy as well as a member of the French Society of Mesotherapy. Doctor Bissoon received his Doctorate of Osteopathic medicine from Des Moines University, Iowa, and went on to complete a rotating internship in

medicine, one year of general surgery at Monmouth Medical Center, New Jersey and training in Aerospace Medicine. He also served as a flight surgeon in the U.S. Air Force. After leaving the Air Force, Dr. Bissoon did a residency in Physical Medicine and Rehabilitation at Mt Sinai, New York. He began his practice in Physiatry with an emphasis in sports medicine.

Upon Dr. Bissoon's return to the U.S. from Europe he was only the third practioner in the country practicing Mesotherapy. Due to limited resources, Dr. Bissoon began performing extensive research in traditional pharmaceutical medications, homeopathic medications and the use of vitamins. Based on his research Dr. Bissoon developed formulas, which previously did not exist. These advanced formulas, techniques and treatments were helpful in treating various skin conditions. He achieved remarkable results. Dr. Bissoon, within a short time surpassed his mentors and within a year he became the leading Mesotherapy expert in the U.S.A. His American colleagues began seeking his expertise. Dr. Bissoon has been training medical doctors for over three years. Due to his continuing efforts, Mesotherapy is now one of the most sought after medical specialties and has become well known and accepted in the U.S.A.

Dr. Bissoon has been featured on CBS's 48 Hours, ABC's 20/20, NY1, WB11, CBS Miami, Fox News, Allure, Elle, Harper's Bazaar W magazine, Palm Beach Post, New York Magazine, People magazine, US News and World Report, In Touch, and most recently Vogue Magazine.



Eric Braverman, M.D.

Medical Director. Path Medical President. Total Health Nutrients

Dr. Eric Braverman is the Director of The Place for Achienving Total Health (Path Medical), with locations in New York, NY, Penndel, PA (metro-Philadelphia), and a national network of affiliated medical professionals. Dr. Braverman received his B.A. Summa Cum Laude from Brandeis University and his M.D. with honors from New York University Medical School, after which he performed post-graduate work

in internal Medicine with Yale Medical School affiliate in Greenwich, CT. Dr.

Braverman is a recipient of the American Medical Association's Physician's Recognition Award. Dr. Braverman has published over 90 research papers presented to the medical community. Some of his lectures include topics on "Melatonin, Tryptophan and Amino Acids" given at Los Alamos National Laboratories, "The Core Neurotransmitters and Hormones and How They Affect the Aging Process" given at Brookhaven National Laboratories, and most recently he gave a lecture on P300 Evoked Response as a Predictor of Alzheimer's at Oxford University in England.

Erid Braverman is the author of five medical books, inc;uding the "PATH Wellness Manual", which is a user's guide to alternative treatment. He has appeared on CNN(LAry King Live), PBS, AHN, MSNBC, Fox News Channel and local TV stations. Dr. Braverman has been quoted in the New York Post, New York Times and the Wall Street Journal.



Michael J. Breen, MD
Principal, Dr. Michael Breen Assoc., Winnetka, IL

Dr. Breen received his medical degree from the Albert Einstein Medical College, Bronx, NY, and currently he is the owner of Dr. Michael Breen Assoc., Winnetka, IL.

Dr. Breen worked as chief emergency room physician at Womack Army Hospital, NC, as a medical editor-reporter for three affiliates in Mpls.-St. Paul: Kare, KSTP, and WCCO, and also he worked as medical anchor-reporter, produced and anchored weekly show, "On call with Dr. Michael Breen".



Ronald Klatz MD, DO President A4M

V. Calabrese MD, PhD
E. DeRose MD, PhD
Dato Harnam MD, PhD
Vernon Howard PhD
M. Klentze MD, PhD
Seung Yup Ku MD, PhD
Avni Sali MD, PhD
G. Scapagnini MD, PhD



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Denise Bruner, M.D.

Chairman, American Society of Bariatric Physicians.

Dr. Bruner is a 1979 graduate of Howard University, College of Medicine, Washington DC. Recognized as a national leader in Bariatric medicine, Dr. Bruner holds the position of President of the American Society of Bariatric Physicians. She focuses on the treatment of obesity and eating disorders. Dr. Bruner's knowledge

and experience has made her a frequent source of bariatric information, as she has been quoted in a variety of publications and been a guest on nationally televised talk shows. Dr. Bruner is a member of the Advisory Council for the American Obesity Association.



Vittorio Calibrese, M.D., Ph.D.

Professor of Clinical Biochemsitry University of Catania, Italy

Dr. Calibrese recived his medical degree (magna cum laude) from the University of Catania, Catania, Italy in 1984. He completed an advanced degree of Specialist in Neurobiology at New York University Medical School and Neuropharmacology at Thomas Jefferson University College in London, Northwick Park Institute for Medical

Research at the University of London and University of Kentucky. He currently holds the academic position as Profesor of Clinical Biochemistry with the University of Catania, Catania, Italy. Dr. Calabrese's research interest has included the Role of Oxidative Stress and Mitochondrial Dysfunction in Aging and Neurodegenerative Disorderds, Nutritional Antioxidants and Modulcation of Cellular Redox State. Heat Shock Signal Pathway and Brain Cell Stress Response, Alcohol Metabolism and Alcohol Related Pathology and the Role of NO and CO in the regulation of gene expression.



John Crisler, DO

President & Founder Allthingsmale, Lansing, MI

Dr. John Crisler is an Osteopathic Physician located in Lansing, Ml. He has distinguished himself in the field of Anti-Aging Medicine by developing two new treatment protocols for Testosterone Replacement Therapy. Commanding a substantial Internet following, Dr. Crisler founded the first Internet Forum on HRT for men in the world moderated by a

physician. He now enjoys training fellow physicians in this area of medicine, and is known as a dynamic and informative speaker. Dr. Crisler recently delivered the very first lecture ever on male hormone replacement therapy before the Michigan Osteopathic Association at their 2004 Annual Convention.



Nick Delgado, Ph.D., CHT

Dr. Nick Delgado is a media personality, international speaker, lecturer and researcher in biochemistry and endocrinology with a focus on balancing the physiology of aging. Dr. Delgado graduated from the University of Southern California and has continued studies at Loma Linda University, Cal State Long Beach, with endocrinology expert, Thierry Hertoghe, M.D. of Belgium, and at Rancho Los Amigo

Hospital, USC. He served as Director of the Pritikin Better Health Program of the Nathan Pritikin Longevity Center. He has presented at conferences on aging, wellness and longevity, including the American Academy of Anti-aging Medicine (A4M) and with the original Anthony Robbins Mastery University. He studied the art of motivation to change human behavior, including psychological studies in Neuro-Linguistic Programming and guided imagery. A certified Timeline Therapist and Certified Hypnotherapist (CHT) he works with professional golfers, athletes and other peak performers.

Dr. Delgado is the author of 10 books. The #1 Way to Fitness has a proven a successful lifestyle intervention plan used in medical practices across the country. Testimony to his own regime, he took second place in an endurance and strength contest at the Arnold Classic in March 2004. Recognizing that aging has many symptoms including a decline in sexual function, he writes and lectures about human potential, herbs and medical issues related to sex. His latest work, Longevity, Love and Vitality will be released in later this year.

Dr. Delgado is the president, founder and formulator for Ultimate Medical, specializing in performance

enhancing products for men and women. He is Director of Anti-Aging, Horizon Wellness Center, at University Medical Center of Rancho Cucamonga.



Steven Feinstein, M.D., FACC

Professor of Medicine, Rush Presbyterian-St. Luke's Medical Center

Dr. Feinstein received his medical degree in 1977 from the University of Minnesota. He is currently a Professor of Medicine at Rush Medical College and Director of Echocardiography at Rush-Presbyterian-St. Luke's Medical Center in Chicago. He is recognized as one of the leading investigators in the development and study of noninvasive contrast echocardiography techniques. Dr. Feinstein is a

NIH-funded investigator, and has received numerous medical and scientific awards. He has published extensively in echocardiography, having authored more than 200 articles and book chapters in this field. Dr. Feinstein also enjoys the clinical practice of Cardiology, maintaining a strong interest in preventive Cardiology, lipid management and noninvasive echocardiographic assessment.



Leonid A. Gavrilov, M.S., Ph.D.

Research Associate, Center on Aging, NORC and The University of Chicago

Leonid A. Gavrilov, Ph.D. is one of the world's leading experts in longevity studies, and the author of a famous scientific book "The Biology of Life Span" (1991), listed in the Encyclopedia Britannica as a recommended reference. He has Ph.D in genetics and M. Sc. in chemistry, both from the Moscow State University, Russia.

He is a Principal Investigator of the scientific project "Biodemography of Human Longevity", funded by the National Institute on Aging (USA), and the author of nearly a hundred of scientific publications on the related topic. Dr. Gavrilov is the Editorial Board member of scientific journals "Journal of Anti-Aging Medicine", "Experimental Gerontology" (Associate Editor), "Rejuvenation Research", "The Scientific World Journal", "Theoretical Biology and Medical Modelling" (Associate Editor) and an expert (referee) for over 20 scientific journals on aging and longevity studies.

He is also an Expert for the National Institute on Aging (USA), the National Research Council at the National Academy of Sciences (USA), Canadian Institutes of Health Research (CIHR), and the Austrian Science Fund (FWF). His scientific credentials are described in more detail in "Who's Who in Science and Engineering", "Who's Who in Medicine and HealthCare", and "Who's Who in America" (Marquis Who's Who).

Dr. Gavrilov is the founder of a new reliability theory of aging and longevity, which has already received significant attention.

Dr. Gavrilov has been a keynote speaker at several conferences including the International Conference on Longevity (Sydney, Australia, 2004). He gives lectures at scientific conferences worldwide.

Dr. Gavrilov is a member of the Gerontological Society of America, International Union for the Scientific Study of Population, Population Association of America, and The Science Advisory Board.



Natalia S. Gavrilova, M.S., Ph.D.

Research Associate, Center on Aging, NORC and The University of Chicago

Natalia S. Gavrilova, Ph.D. is one of the world's leading experts in longevity studies, and a co-author of a famous scientific book "The Biology of Life Span" (1991), listed in the Encyclopedia Britannica as a recommended reference. She has Ph.D in anthropology and demography and M.Sc. in chemistry, both from the Moscow State

University, Russia. Recently Natalia Gavrilova also got an additional M. Sc. in computer science from the University of Chicago (in 2003).

Dr. Gavrilova was a Principal Investigator of Research Project "Biodemographic aspects of longevity inheritance in humans" supported by the National Institute on Aging, USA, participated in the NASA project "Radiation Risk Analysis: Model Issues and Interspecies Extrapolation", and currently is a Principal Investigator of Research Project on Exceptional Human Longevity supported by the Society of Actuaries.

Dr. Natalia Gavrilova is an author of nearly a hundred of scientific publications and an expert (referee) for 14 scientific journals on aging and longevity studies including Journal of Anti-Aging Medicine, Journal of Gerontology, Experimental Gerontology, Mechanisms of Ageing and Development, Biogerontology, and Journal of Theoretical Biology. Dr. Gavrilova has been an invited speaker at several conferences including the International Conference on Longevity (Sydney, Australia, 2004). She gives lectures at scientific conferences worldwide. Her current research interests include application of advanced computer technologies to the analyses of genealogical data for longevity studies. Dr. Gavrilova has developed a new scientific and educational website on human longevity studies "Longevity Science" <a href="https://www.longevity-science.org">www.longevity-science.org</a>, which contains now over a hundred of scientific documents relevant to longevity studies. Dr. Natalia Gavrilova is a member of the Gerontological Society of America, International Union for the Scientific Study of Population, and Population Association of America.



Mitchell Ghen, DO, Ph.D.

Medical Director of Florida Institute of Health, Clearwater, FL

Dr. Ghen received hid medical degree from Philadelphia College of Osteopathic Medicine, PA, and received a PhD degree in Anti-Aging, Holistic Health, Nutrition and PNI from Union Institute.

Dr. Ghen is board certified in Anti-Aging Medicine, Intravenous Chelation Therapy, Family Medicine and Diplomate of the American Academy of Pain Management, Diplomate and Fellow of the American Board of Clinical and Preventive Medicine, and Diplomate of the American Academy of Neuromuscular Thermography.

Dr. Ghen use to give many lectures and media interviews, and is the author of "The Clinicians Complete Guide to Complementary/Alternative Medicine', "The Ghen and rains Physician's Guide to Pharmaceutical Compounding.



Mark I. Golden, MD, FACS
Medical Director, Doctors For Visual Freedom, Schaumburg, IL

Dr. Golden earned his BA from the University of Chicago in 1977 and received its firstever pre-doctoral Master's Degree in Ophthalmology, and his doctorate degree was awarded at Saint Louis University in 1984, where he continued with his internship and residency training. Dr. Golden is certified for use on the VISX laser, the Baush and

Lomb Technolas laser, and the Nidek Excimer laser for the correction of nearsightedness, farsightedness, and astigmatism.

In 1988 he joined Eye Surgeons and Consultants, with offices in Chicago and Southern Wisconsin, specializing in small incision cataract surgery and treatment of diabetic retinopathy. In 1991 he became interested in refractive surgery and took the first course on the then new ALK machine (a precursor of LASIK), followed by a fellowship in Houston. In September of 2001, he opened Doctors for Visual Freedom in an attempt to provide the highest quality of care for patients. Dr. Golden is a frequent lecturer at Ophthalmology and Optometry meetings such as the American Academy of Ophthalmology, International Society of Refractive Surgery, American Academy of Optometry, and American Optometric Association.



David L. Greene, M.D.

Director of Perinatal Medicine, Northern Inyo Hospital, Bishop, CA

Dr. Greene received a medical degree from Michigan State University, College of Human Medicine East Lansing, MI, and has specialty training in laser, LEEP Hysteroscopy, Advanced Operative Laparoscopy, and TVT. Dr Greene is board certified by the American College of Obstetrics and Gynecologists 1984, is a fellow of

the American College of Obstetricians and Gynecologists 1985-2004, and member of American Medical Association California Medical Association, Inyo-Mono County Medical Association.

Dr. Greene is the founder and medical director of the Eastern Sierra Women's Clinic 1930-2004, and has special interest in Bio identical hormone replacement therapy for women as an adjunct to anti-aging strategies; research into bio-identical hormone replacement and its effectiveness in prevention and

treatment of osteoporosis.



Assistant Director Environmental Health and Safety, Clinical Instructor, Administrator of Laser Program and Certified Medical Laser Safety Officer, University of Texas Southwestern Medical Center at Dallas, TX

Mr. Hoopman began his clinical experience at The University of Texas Southwestern

Medical Center at Dallas in 1998. He is now the administrator of the UT program (now some 140 laser strong) including the disciplines of medical/surgical specialties including Cardio-Thoracic, Dermatology, Plastic Surgery, Ophthalmology, Obstetrics/Gynecology, Oral Surgery, Orthopedics, Otorhinolaryngology, Urology, and Neurologic Surgery. John is nationally recognized as a leader in patient advocacy and is an active and guiding member of organizations like the ANSI Z136.3 Review Board (the guiding force in patient safety and control nationally), the American Society for Laser Medicine and Surgery, and the Laser Institute of America. With his academic and developmental involvement in light medicine, Mr. Hoopman has a unique ability to gauge and review most of the new and emerging light and noninvasive technologies being brought to bear in today's ever changing clinical world. He has had the honor and pleasure to be involved with revolutionary new laser and light applications in the past few years that significantly affected both the quality and duration of patient's lives. In constant demand by the medical industry, Mr. Hoopman has a unique ability to bring clear and understandable terms to the most complicated of light procedures and methods



Michael Klentze. M.D., Ph.D.

Medical Director, Klentze Institute of Anti-Aging Munich, Germany Member, A4M Advisory Board -Europe

Dr. Klentze received his medical degree from the University of Munich Medical School and is board certified in psychiatry and gynecology. He is Medical Director of Klentze Institute of Anti-Aging Medicine In Munich, Germany and is an advisory

member of the American Board of Anti-Aging Medicine for Europe. Dr. Klentze holds membership in the Endocrine Society (USA) and European Committee of Anti-Aging Medicine, German Society of Gynecology and Obstetrics and European Menopause Society. He is the author of several scientific articles on aging-related topics including androgens in women, neurosteroids and the aging brain and vitamins and antioxidants.



Ray Kurzweil, Ph.D.

CEO & Founder of Kurzweil Technology, Wellesley, MA

Ray Kurzweil is an inventor, entrepreneur, author, and futurist. Called "the restless genius" by the Wall Street Journal and "the ultimate thinking machine" by Forbes, Kurzweil's ideas on the future have been touted by his many fans, ranging from Bill Gates to Bill Clinton. MIT's Marvin Minsky writes that "with his brilliant descriptions of

the coming connections of computers with immortality, Kurzweil clearly takes his place as a leading futurist of our time." George Gilder writes that "Kurzweil's ideas make all other roads to the computer future look like goat paths in Patagonia."

Kurzweil's most recent national best-selling book, The Age of Spiritual Machines, has received widespread acclaim. It has achieved the #1 status on Amazon in the categories of both science and artificial intelligence and has been published in nine languages. The New York Times writes, "Kurzweil's latest book ranges widely over such juicy topics as entropy, chaos, the big bang, quantum theory, DNA computers, quantum computers, Godel's theorem, neural nets, genetic algorithms, nanoengineering, the Turing test, brain scanning, the slowness of neurons, chess playing programs, the Internet - the whole world of information technology past, present, and future. Kurzweil's writings are for anyone who wonders where human technology is going next." Kurzweil is a widely sought speaker and has given keynote presentations at many leading venues, including PC Expo, Business Week, The Council on Foreign Relations, SIGGRAPH, Cowen, TED, ICASSP, the American Psychiatric Association, Agenda, and many others.

Kurzweil was the principal developer of the first omni-font optical character recognition (OCR), the first print-to-speech reading machine for the blind, the first CCD flat-bed scanner, the first text-to-speech

synthesizer, the first music synthesizer capable of recreating the grand piano and other orchestral instruments, and the first commercially marketed, large-vocabulary speech recognition. These technologies continue today as market leaders in their respective industries, industries that Ray Kurzweil pioneered. Kurzweil has successfully founded and developed nine companies in OCR, music synthesis, speech recognition, reading technology, virtual reality, financial investment, medical simulation, and cybernetic art. Kurzweil's web site, KurzweilAl.net, is a leading resource on artificial intelligence, with more than 100,000 readers.



===== Shari Lieberman, Ph.D.

Faculty, University of Bridgeport, School of Human Nutrition Graduate Program Board Member, Certification Board for Nutrition Specialists President, American Association for Health Freedom Fellow American College of Nutrition

Dr. Lieberman earned her Ph.D. in Clinical Nutrition and Exercise Physiology from the Union Institute, Cincinnati, OH and her M.S. degree in Nutrition, Food Science and Dietetics from New York University. She is a Certified Nutrition Specialist (C.N.S.); a Fellow of the American College of Nutrition (FACN); a member of the New York Academy of Science; a member of the American Academy of Anti-Aging Medicine (A4M); a former officer and present board member of the certification Board for Nutrition Specialists; and President of the American Association for Health Freedom.

She is the recipient of the National Nutritional Foods Association 2003 Clinician of the Year Award. Dr. Lieberman's newest book "Dare To Lose" was just released (Avery Publishing Group 2002); she is also the author of "Maitake Mushroom and D-fraction" (Woodland Publishing 2000), The Real Vitamin and Mineral Book, 2nd edition (Avery Publishing Group 1997); Maitake-King of Mushrooms(Keats Publishing 1997); "All About Vitamin C" (Avery Publishing Group 1999); a faculty member of the University of Bridgeport, School of Human Nutrition graduate program; and an industry consultant. She is a contributing editor to the American Medical Association's 5th Edition of Drug Evaluations; a peer reviewer for scientific publications; a published scientific researcher and a presenter at numerous scientific conferences. Member of the Nutrition Team foe the New York City Marathon (2003-present). Dr. Lieberman is a frequent quest on many television and radio shows and her name is often seen in magazines as an authority on nutrition. Her name appears in Marquis Who's Who of American Women, Who's Who of Authors and Writers; Who's Who in Medicine and Healthcare, Who's Who of Emerging Leaders in America and Who's Who Among Young Professionals in the East, Honored Member Strathmore's Who's Who Millennium Addiction 2000-2001. She has been in private as a clinical nutritionist for more than 20 years in New York City.



Edward Litchen, M.D.

Dr. Litchen received his medical degree from Ohio State University and is board certified in Obstetrics and Gynecology. In private practice for 25 years, he has published more than 25 scientific articles on research I menstrual pain, premenstrual syndrome, migraine and carcinogenic headache, diabetes, heart disease and hormonal pellets. Dr. Litchen is in private practice in Southfield, Michigan.



Nicholas Martin, M.D. Lancaster Family Health Center, KY

Dr. Martin received his medical degree from the University of Kentucky, College of Medicine, Lexington, KY in 1972, and presents great interest in immunology at the cellular level, defending environmental risk factors for specific diseases, preventive medicine with emphasis on control of man's environmental health hazards, and

management of illness within the capacity of family practice. Dr. Martin spends a significant amount of time in the field of research for treatment of nutritional deficiencies for the control of many disease states such as: aging, cancer control, asthma, chronic fatigue syndrome/ fatigue & malaise, fibromyalgia, and hormonal replacement for men and women.



Jun Matsuyama, M.D.

Chairman, Japanese Society of Clinical Anti-Aging Medicine, Japan

Dr. Matsuyama received a medical degree from Kyorin University of Medicine, and earned post graduate training from Keio University School of Medicine, Japan. Dr. Matsuyama is the president and chairman of the Japanese Society of Clinical Anti-Aging Medicine (JSCAM), president of Study Group of Rejuvenation Treatment in Japan, vice president at Matsuyama Hospital, Director of Anti-Aging Medicine,

Medical Corporation Kikyougahara Hospital.

Dr. Matsuyama is a member of the American Academy of Anti-Aging Medicine, member of Japan Medical Association, Japanese Society of Menopausal Medicine, Japan Society of Oriental Medicine, Japanese Society of Sports Medicine, and received board certification in Sports Medicine, Aesthetic Surgery, Pathology, and SPA Rehabilitation.

Dr. Matsuyama was president of Aoyama Clinic and Vice President, Department of Aesthetic Medicine, medical corporation Keiyuu-Kai from 1999 to 2000, president of Medical Corporation Ishinkai & Kyoto health care institute from 1992-1998, and lectured at Keio University School of Medicine, Department of Pathology.



Richard Neubauer, M.D.

Medical Director, Ocean Hyperbaric Neurologic Center, Lauderdale-by-the-Sea, FL

Dr. Richard Neubauer, founder and Medical Director of the world-renowned Ocean Hyperbaric Neurologic Center, is internationally recognized his clinical research, which has included the pioneering of important emerging applications for hyperbaric oxygen therapy in the treatment of cerebral palsy, stroke, coma and other neurological

conditions. A sought after international lecturer, Dr. Neubauer has continually dedicated his time and effort to educate both professionals and caregivers alike. He is the author of Hyperbaric Oxygen Therapy and Hyperbaric Oxygenation for Cerebral Palsy and The Brain-Injured Child-A Promising Treatment.



Seung Yup Ku, M.D., Ph. D., ABAAM

Assistant Professor, Dept of OB/GYN College of Medicine, Seoul National University

Dr. Ku received his Medical Degree in 1991 from Seoul National University Medical School in Seoul, South Korea. He has also received a Masters and Ph.D. from Seoul National University Postgraduate School. Dr. Ku continued his education with a versity Postgraduate School. Dr. Ku continued his education with a fellowship in Reproductive

Endocrinology and Infertility. Dr. Ku is currently an Assistant Professor in the Department of OB/GYN at Seoul National Univeristy, College of Medicine. He also serves as Korean Representative to A4M International Advisory Board and is Director of International Affairs to the Korean Academy of Anti-Aging Medicine. He has published numerous medical articles both in Korea and internationally.



David Perlmutter, M.D

Medical Director, Perlmutter Health Center, Naples, FL

David Perlmutter, M.D. is a Board-Certified Neurologist who received his M.D. degree from the University of Miami School of Medicine where he was awarded the Leonard

G. Rowntree Research Award. After completing residency training Neurology, also at the University of Miami, Dr. Perlmutter entered private practice in Naples, Florida where he serves as Medical Director of the Perlmutter Health Center and the Perlmutter Hyperbaric Center. Dr. Perlmutter serves as Adjunct Instructor at the Institute for Functional Medicine in Gig Harbor, Washington, and has contributed extensively to the world medical literature with publications appearing in such journals as The Journal of Neurosurgery, The Southern Medical Journal, and Archives of Neurology.

Dr. Perlmutter is the author of: BrainRecovery.com - Powerful Therapy for Challenging Brain Disorders, and The Better Brain Book (in print - Riverhead Publishers, August, 2004) and is recognized internationally as a leader in the field of nutritional influences in neurological disorders. Dr. Perlmutter

has been interviewed on many nationally syndicated radio and television programs including 20/20, The Faith Daniels Program, and Larry King Live. He is currently involved in research at the University of South Florida studying the effectiveness of glutathione in the treatment of Parkinson's disease. Dr. Perlmutter was awarded the 2002 Linus Pauling Award for his pioneering work in innovative approaches to neurological disorders. In addition, he received the 2002 Denham Harmon Award from the American College for the Advancement in Medicine for his work in advancing the understanding of free radical biochemistry in neurological diseases.



# Nicholas Perricone, MD, FACN

Nicholas Perricone, MD, FACN, is a board certified clinical and research dermatologist. A brilliant scholar, Dr. Perricone completed medical school in just 3 years, graduating with distinction. He completed his internship in Pediatrics at Yale Medical School and his Dermatology Residency at Ford Medical Center. Dr. Perricone is regarded as the Father of the Inflammation Theory of Aging. He is the author of the two New York Times # 1

Best Sellers, The Perricone Prescription, A Physician's 28 Day Program for Total Body and Face Rejuvenation, (HarperCollins Aug 2002) and The Wrinkle Cure (Warner Books.) Dr. Perricone's also hosts a series of award-winning Public Television specials airing nationally on PBS-TV. In September 2003, Dr. Perricone launched The Acne Prescription on The Today Show. His next book, The Perricone Promise, will be published by Warner Books in October 2004.

Dr. Perricone is Adjunct Professor of Medicine at the Michigan State University's College of Human Medicine. He is certified by the American Board of Dermatology, is a Fellow of the New York Academy of Sciences, and a Fellow of the American College of Nutrition. He is also a Fellow of the American Academy of Dermatology and the Society of Investigative Dermatology. Dr. Perricone has served as Assistant Clinical Professor of Dermatology at Yale School of Medicine and as Chief of Dermatology at the state of Connecticut's Veterans Hospital.

Dr. Perricone holds dozens of US and international patents for the treatment of skin and systemic disease, and for the use of topical anti-inflammatories for reversing and preventing damage to skin caused by factors such as age, the sun, the environment, and hormonal changes. Dr. Pericone is the author of numerous scientific articles, is a contributing editor to the peer-reviewed medical journal Skin and Aging, and is a member of the editorial board of Archives of Gerontology & Geriatrics. He has contributed a chapter on antioxidants and aging for a recent textbook written by scientists from Stanford University.



Patrick Quillin, PhD,RD,CNS (NutritionCancer.com)
Clinical Nutritionist, Center for Advance Médicine, San Diego, CA

Dr. Quillin has earned his bachelor, master, and doctorate degrees in nutrition; is a licensed and registered dietitian (LD,RD); and a certified nutrition specialist (CNS) with the American College of Nutrition.

Dr. Quillin was Director of Nutritionfor Cancer Treatment Centers of America for 10 years, organized 3 international symposia on "adjuvant nutrition in cancer treatment" and edited the textbook on the same subject. His book, BEATING CANCER WITH NUTRITION has been translated into Japanese, Chinese, and a home study CE course for nurses. Dr Quillin was a consultant to the National Institutes of Health, U.S. Army Breast Cancer Research Group, and has taught college nutrition for 9 years. His 15 books have sold over 1 million copies.



Carol Ann Ryser, M.D., F.A.A.P.

Carol Ann Ryser, M.D. is a Board Certified Pediatrician (FAAP), Board Certified Clinical Analyst, member of: F.A.A.P.; AMA, OHM (Orthomolecular Health Medicine); and The American Academy of Anti-Aging Medicine. The primary focus of Dr. Ryser's medical

practice is on the prevention of illness and disease. As a physician, analyst, and practitioner of preventative medicine, Carol Ann Ryser has a broad background of experience, training, and knowledge to meet the demands of medicine in the 22nd Century.

Dr. Ryser is the Medical Director of Health Centers of America (1996-present). Previously, she was Medical Director of the International Learning Centers (1993-1996), Director of Mid-America Treatment and Training (1975-1993), a staff member of Gardner Medical Center (1968-1978); Consulting Staff Member, Research Medical Center (1968-1988); Assistant Clinical Professor of Pediatrics at the University of Kansas Medical Center (1968-1976).

Dr. Ryser received her B.A. from William Jewell College in 1959, and her M.D. and residency training from the University of Kansas School of Medicine. She is a licensed physician in both Kansas and Missouri, and is certified by the American Academy of Pediatrics. In 1977 she became a board-certified Clinical Analyst with the International Transactional Analysis Association. Dr. Ryser provides workshops, training seminars, on issues concerning preventative medicine; the role of Alternative Medicine; topics such as self-esteem, psychotherapy, children, and child development.



Ron N. Rothenberg, M.D.

Clinical Professor/ Course Director, Preventive & Family Medicine, USCD, School of Medicine Founder, California HealthSpan Institute

As a pioneer in the field of Anti-Aging Medicine, Ron Tothenberg, M.D., was one of the first physicians to be recognized for his expertise to become fully board certified in the specialty. Dr. Rothenberg founded the California HealthSpan Institute in Encinitas, California in 1997 with a commitment to transforming our understanding of and finding treatment for aging as a disease. Dr. Rothenberg is dedicated to the

belief that the process of aging can be slowed, stopped, or even reserved through existing medical and scientific interventions. Challenging traditional medicine's approach to treating the symptoms of aging, California HealthSpan's mission is to create a paradigm shift in the way we view medicine: treat the cause. He received his MD from Columbia University, College of Physicians and Surgeons in 1970. Dr. Rothenberg performed his residency at Los Angeles County-USC Medical Center and is also board certified in Emergency Medicine. He received academic appointment to the USCD School of Medicine Clinical Faculty in 1997 and was promoted to full Clinical Professor of Preventive and Family Medicine in 1989. In addition to his work in the field of Anti-Aging medicine, Dr. Rothenberg is an Attending Physician and Director of Medical Education at Scrips Memorial Hospital in Encinitas, California. Dr. Rothenberg travels extensively to lecture on a variety of topics, which include Anti-Aging Medicine and Emergency Medicine and is the author of Forever Ageless. He has recently been featured in the University of California MD TV series in the shows on Anti-Aging Medicine.



Giovanni Scapagnini, M.D., Ph.D.

Assistant Professor, Blanchette Rockefeller Neuroscinces Institute, West Virginia University Assistant Professor, Institute of Neurological Sciences, Italian National Research Council, Catania, Italy

Dr. Scapagnini attended the University of Catania School of Medicine and Surgery in Catania, Italy and graduated in 1992 with a medical degree. He continued his education by obtaining a Ph.D. in Neurobiology also from the University of Catania in 2000. Since completing his education, Dr. Scapagnini has conducted research with the Institute of Pharmacology School of Medicine associated with the University of Catania and has worked as a Visiting Scientist with

Laboratory of Adaptive Systems, National Institute of Neurological Disorders and Stroke, National Institute of Health in Bethesda, MD. Dr. Scapagnini currently holds two academic positions as Assistant Professor with the Institute of Neurological Sciences, Italian National Research Council and with Blanchette Rockefeller Neurosciences Institute, West Virginia University at Johns Hopkins University.



Barry Sears, Ph.D.
President, Zone Labs, Inc., Danvers, MA

Dr. Barry Sears is one of the world's leading experts on the use of diet to alter hormonal responses not only to treat chronic disease, but also to promote and maintain wellness. A former research scientist at the Boston University School of Medicine and the Massachusetts Institute of Technology, Dr. Sears is a widely published author and has

written extensively about his hormonal control technology for the general public. His books on his Zone technology have sold more than 4 million copies, and have been translated into 22 languages in 40 countries.



Charles B. Simone, M.MS., M.D.

Director, Simone Protective Cancer Center, NJ

Dr. Simone graduated from Rutgers College of Medicine and also earned the rare Masters of Medical Science while investigating the cancer killing properties of plant herbals. After training in Internal Medicine at the Cleveland Clinic (1975-77), Dr. Simone was offered a position in the Immunology Branch and Medicine Branch and later in the

Pharmacology Branch and Medicine Branch at the National Cancer Institute, National Institutes of Health, Bethesda, Maryland (1977-82). At the National Cancer Institute, he trained in medical oncology and immunology.

In 1982 Dr. Simone accepted a position in the Department of Radiation Oncology at University of Pennsylvania, Philadelphia, PA; and in 1985 began as Associate Professor, Department of Radiation Oncology and Nuclear Medicine at Thomas Jefferson University, Philadelphia. Since 1988, he has been the Founder and Director of the Simone Protective Cancer Center.

Dr. Simone is the Founder of Simone Protective Cancer Center, and author of Cancer and Nutrition, Breast Health, Shark Cartilage and Cancer, Prostate Health, KidStart, and Sports and Nutrition, and has worked in cancer research and treatment since 1976.



Stephen T. Sinatra, M.D., F.A.C.C., C.N.S.

Assistant Clinical Professor of Medicine, University of Connecticut School of Medicine

Dr. Sinatra received his medical degree from Albany Medical College and trained at Yale University. He is board certified in Cardiology and Internal Medicine and holds Fellowship status in the American College of Cardiology and American College of Nutrition.

He is a Certified Nutrition Specialist, Certified Bioenergetic Therapist and an Anti-Aging Specialist with over twenty years experience. At his practice in Manchester, CT, Dr. Sinatra integrates conventional medicine with complementary, nutritional and psychological therapies. He is the former Chief of Cardiology at Manchester Memorial Hospital. He has authored several books including "lose to Win", "Heartbreak and Heart Disease". "Optimum Health", "The Coenzyme Q10 Phenomenon and Heart Sense for Women".



Vincent J. Speckhart M.D., M.D (H).
Biological Conductance, Inc., Virginia Beach, VA

Dr. Speckhart received his medical degree as Doctor of Homeopathic Medicine, M.D. (H) from New York Medical College in 1958, a masters degree in Biochemistry from University of Maryland in 1955, and finished his post-doctoral fellowship at the Medical

College of Virginia in 1970. Dr. Speckhart worked as a flight surgeon, United States Air Force, clinical investigation of electrodermal detection, Norfolk, VA, and served as founding president of Virginia Oncology Group Program. He also has lectured internationally on electrodermal detection since 1993. Dr. Speckhart is the author of A Electrodermal Analysis of Biological Conductance.



Jacob Teitelbaum, MD

Medical director of the Annapolis Research Center for Effective CFS/Fibromyalgia Therapies.

Board certified internist Jacob Teitelbaum, MD, and author of the best-selling From Fatigued to Fantastic! (Avery Penguin Putnam). Dr. Teitelbaum is the leading researcher in the area of effective treatment for Chronic Fatigue Syndrome and

Fibromyalgia. His gold standard study, published in the Journal of Chronic Fatigue Syndrome vol 8 number 2, 2001, shows a 91 percent improvement in quality of life among patients studied. Last year, his integrative protocol was editorialized in the Journal of the American Academy of Pain Management as "standard of practice" for chronic pain conditions. He gives lectures at medical and health conferences worldwide.

Dr. Teitelbaum's interest is to treat patients from around the world in his Annapolis, MD office and educate medical doctors and other health practitioners. Dr. Teitelbaum groundbreaking study provides proven tools for CFS/Fibromyalgia patients to get their lives back. Having suffered with and overcome these illnesses in 1975, he has spent the last 25+ years creating, researching, and teaching about effective therapies.



Frederic J. Vagnini, M.D., FACS

Clinical Assistant Professor of Surgery, Cornell University Medical Director, Cardiovascular Wellness & Longevity Centers

Dr. Vagnini graduated from St. Louis University School of Medicine in 1963, after which he underwent eight years of post doctorate internship and residency. He spent these years studying surgery, vascular, heart and lung surgery at the Downstate Medical Center, Brooklyn, Ny and Columbia Presbyterian Medical Center, NY, NY. Following completion of training, Dr. Vagnini served in the United States Army as a Lieutenant Colonel and subsequently entered into private practice on Long Island, NY. For the following 25 years, he practiced as a heart, lung and blood vessel surgeon, operating on thousands of patients. As his career continued Dr. Vagnini became interested in Health Education, Preventive Medicine and Clinical Nutrition. Because of his vast experience in the area of heart disease and nutrition he became a frequent guest speaker and has appeared numerous times on local and national radio and television. Dr. Vagnini has extensive medica experience with hundreds of radio and television appearances. He previously hosted a national health show on Fox Television and currently hosts "The Heart Show", a live call-in radio program airing from 4-5PM Sundays on WOR 710 AM in New York City. Dr. Vagnini has written hundreds of articles in the lay literature and has numerous scientific publications. He also publishes the monthly "Cardiovascular Wellness Newsletter", which covers current health news. Dr. Vagnini is certified by the American Board of Surgery and the American Board of Thoracic Surgery and is an active, respected member of numerous medical societies.



Cheryl Whitman

President, Beautiful Forever Medical Spa Consulting Company

Cheryl Whitman has spent more than two decades working and consulting in the beauty and medical industry as a business owner, lecturer, TV personality and well-known writer. She has appeared numerous times on national shows, news programs

and the QVC shopping channel, and has written for such major trade and consumer publications as Skin Inc., Dermascope, Women's Wear Daily, Bride's Day Spa, Medical Spas, Anti-Aging & Cosmetic Surgery, Spa Management and American Spa Magazine. Cheryl has also advised consumers on skin care, aesthetic services, retail, make-up, and business development. Her company, Beautiful Forever Consulting, www.medicalspa consultant.com, provides expertise to both physicians and spa and salon owners for "turn-key" start-up operations or expansion of existing aesthetic skin-care centers (space design, build-out, private label product formulation, training, staffing, management/operations, marketing and equipment selection). A Founding Board Member of the Medical Spa Society and an active member of the Day Spa Association and ISPA Member. Ms. Whitman is also a certified Allergan "Botox Cosmetic" consultant for medical practices and medi spas.



James L. Wilson, ND, DC, Ph.D.
President, Future Formulations, Inc., Tucson, AZ

One of the few people to hold three doctorate and two master's degrees, all from different disciplines, Dr. Wilson has helped thousands of people regain their health and vitality during his 27 years of private practice. He received his Ph.D. in Human Nutrition from the University of Arizona and his Doctor of Chiropractic and Doctor of Naturopathic

Medicine in Canada. He is one of the founders of the Canadian College of Naturopathic Medicine (CCNM) in Toronto, Ontario, now the largest naturopathic college in the world. Dr. Wilson is listed in The International Who's Who in Medicine (Cambridge, England). For the past 12 years Dr. Wilson has lectured extensively to physicians and is acknowledged as an expert on alternative medicine, particularly in the areas of immunity and endocrine problems such as the effects of stress on adrenal function. He has spoken at some of the most prestigious medical conferences, including 2 previous appearances at A4M. With a researcher's grasp of science and a clinician's understanding of human health, Dr. Wilson has helped many physicians master both the physiology and the treatment of a number of health disorders. Dr Wilson's popular book, Adrenal Fatigue: The 21st Century Stress Syndrome, already in its 5th printing, is the first book to present adrenal fatigue as a distinct, diagnosable syndrome. His website www.adrenalfatigue.org is the only website solely devoted to Adrenal Fatigue. He is president of Future Formulations, Inc. and Research Director of Immunogenics Corp. of America, companies he formed to develop and distribute original dietary supplements uniquely designed to recover from stress and fortify immunity.



Alfred Wolf, MD
Vice president, Society of Sports medicine of Baden-Wurttember, Germany

Dr. Wolf received his medical degree from the University of Wurzburg, accomplished clinical assistance as a medical doctor on Obstretics and Gynecology in Schweinfurt, Traunstein and at the Frauenklinik of the University of Ulm. Currently Dr. Wolf works

for Practice-Clini Frauenstrasse, a partnership-cooperation of 4 focusing on Gynecological Endocrinology, AntiAging Medicine, Preventive Medicine, Reproduction, and Prenatal diagnosis. In the year of 2001 Dr Wolf had a great contribution in the development of Bio-Aging System, a PC adapted holistic tool for the determination of vitality and biological age, foundation of BIOAGING company, Stuttgart, Germany.

Up to date more than 173 publications as original papers, surveys, and special medical books on juvenile gynecology, and Anti-Aging Medicine. Numberless presentations in the field of Gynecological Endocrinology, Reproductive Medicine, Juvenile and Adolescent Gynecology, Endoscopic Operations, Sport Medicine, Prevention and Anti-Aging Medicine worldwide.



David Jay Zeiger, D.O., ABFP
Health Works, Integrative Medical Clinic

Dr. Zeiger is osteopathic physician and surgeon, board certified in family practice, attending physician at St. Joseph Hospital and Medical Center, Chicago, IL, adjunct Instructor of Osteopathic Manipulative Medicine and Family Medicine, Chicago College of Osteopathic Medicine/Midwestern University. Dr. Zeiger graduated from the

University of Wisconsin, Madison, WI - B.S., 1981, and University of Osteopathic Medicine and Health Sciences, Des Moines, IA - B.S., 1985.

Dr. Zeiger served as a faculty member at Midwestern University, Family Practice, Northwestern Medical School, Family Practice, Integrative Medicine Preceptor, 1997 - Concurrent, Rush Medical School, Family Practice Preceptor, 1998 - Concurrent, as well as lectured at the St. Alexis Hospital Lecture to Medical Staff: Integrative Medicine Overview, 1999, Northwestern Endometriosis Support Group: Complementary and Alternative Medical Approaches to Endometriosis, November 1998, November 1999, Athletico Sports Rehabilitation Center-Lecture: Ligament Regeneration Injection Technique 2000, Health Works-Integrative Medical Clinic: New Approaches to Weight Loss 2001, workshops: AAOM Lecture - Hormones, Inflammation, and Pain, April 2003, AAOM Workshop - Hormonal Assessment in Chronic Pain, 2002.

Dr. Zeiger is the author of Health For The Whole Person, the author of the article "A New Approach To Back Pain," Making Wages, Vol. 1, No. 3, Edgewater Rehabilitation Institute, December 1995. Dr. Zeiger

is board certified by the American Association of Orthopedic Medicine (AAOM). Dr. Zeiger has a great interest in developing different products: Osteoplex I and II - Nutritional Supplement for Osteoarthritis, Ligament Laxity and Joint Support Orthomolecular 1994, DataDoc<sup>™</sup> - Electronic Medical Record System Development.



===== Algis K. Augustine, JD

Mr. Augustine graduated from the University of Notre Dame, Government and International Studies in 1966, and received another degree in 1969 from the College of Law, University of Illinois.

Dr. Augustine works currently for Augustine Kern and Levens, Ltd., a law firm, which has represented over 1,000 professionals in licensing and governmental problems in

over 30 states, including Illinois, Florida, New York, New Jersey, etc.

Dr. Augustine is co-author of a chapter entitled "Illinois Administrative Agencies Department of Registration and Education" in the book entitled "Administrative Law", 2004, published by the Illinois Institute for Continuing Legal Education.

Many speeches to numerous groups were given by Dr. Augustine, including: New York Medical Association, Kentucky State Legislature, Illinois State Legislature, Four National Conferences on Discipline in Occupational Licensing, California Board of Accountancy, New Jersey Medical Society, Illinois Medical Society, Illinois Realtors Association, and International College of Integrative Medicine.

\*Partial list of invited speakers.

#### **Educational Affiliates**





























































































