

July 12-16, 2006 | Stephens Convention Center, Rosemont, IL



PROGRAM @ GLANCE

14th ANNUAL INTERNATIONAL CONFERENCE ON ANTI-AGING MEDICINE 2006

Up to 53 AMA PRA Category 1 Credits™

A4M PRE-CONFERENCE WORKSHOPS

Thursday, July 13, 2006

Stephens Convention Center - Room # 22

4:00 PM	A4M Conference Registration Opens
6:00 PM - 9:00 PM	Become Lean and Fit for Longevity and Hypoxia Training for Conditioning / Healing: Evening Workshop Nick Delgado, Ph.D.
Possible CME Credits	3 CME Credits Available
7:00 PM	A4M Conference Registration Closes

Thursday, July 13, 2006

Stephens Convention Center - Room # 21

4:00 PM	A4M Conference Registration Opens	
5:00 PM - 9:30 PM	Aesthetic Workshop Sharon McQuillan, MD	
5:00 PM - 6:00 PM	Effective Treatments for the Removal of Unwanted Veins	Sharon McQuillan, MD
6:00 PM - 7:00 PM	Three Dimensional Skin Care (SPONSORED WORKSHOP) *	Sharon McQuillan, MD
7:00 PM - 7:45 PM	Fractional Photothermolysis (SPONSORED WORKSHOP) *	Sharon McQuillan, MD
7:45 PM - 8:30 PM	Resurfacing Techniques	Sharon McQuillan, MD
8:30 PM - 9:30 PM	Medical Spa Facts, Myths, Fiction	Janette Daher, BS
7:00 PM	A4M Conference Registration Closes	
Possible CME Credits	2.5 CME Credits Available	

Thursday, July 13, 2006

Stephens Convention Center - Room # 31-32

6:00 PM - 9:00 PM	ABAAM Oral Exam Review Course* Pamela Smith, MD
Possible CME Credits	0 CME Credits Available

Daily CME Hours Possible: 4 Hours

Friday, July 14, 2006

6:30 AM	A4M Conference Registration Opens	
8:00 AM - 4:30 PM	Derm Office, Surgical Procedures: Workshop # 1	Co-Chair: Sharon McQuillan, MD
8:00 AM - 8:30 AM	Adding Aesthetic Medicine to your Anti-Aging Practice	Sharon McQuillan, MD
8:30 AM - 9:30 AM	The Use of Chemical Peeling Agents with Chemical Peel Demonstrations	Sharon McQuillan, MD
9:30 AM - 10:30 AM	Overview of Aesthetic Lasers	Sharon McQuillan, MD
10:30 AM - 10:45 AM	Break	
10:45 AM - 11:45 AM	Treating Unwanted Hair, Veins, Facial Rejuvenation, IPL, and Erbium Resurfacing with Live Demonstrations * (Sciton Lasers Inc. SPONSORED WORKSHOP) Sharon McQuillan, MD	
11:45 AM - 1:00 PM	Lunch Break	
1:00 PM - 1:45 PM	Aesthetic Skin Care & Cosmeceuticals	Sharon McQuillan, MD



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1:45 PM - 2:45 PM	Laser Hair Removal, Vascular Lesion Removal, and Intense Pulsed Light with Live Demonstrations *(SPONSORED WORKSHOP)	
2:45 PM - 3:00 PM	Break	
3:00 PM - 3:30 PM	Current Treatment Trends in Body Contouring Sharon McQuillan, MD	
3:30 PM - 4:30 PM	Treatment of Cellulite & Subcutaneous Fat with Light Based Aesthetic Devices (Syneron/Cynosure SPONSORED WORKSHOP) *	
7:00 PM	A4M Conference Registration Close	
Possible CME Credits	3.5 CME Credits Available	

Friday, July 14, 2006

Stephens Convention Center - Room # 22

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6:30 AM	A4M Conference Registration Opens
8:00 AM - 12:00 PM	Laboratory Tests for Anti-Aging Medicine: Workshop # 2 A Co-Chair: Bill Anton, Ph.D. (Honorary), Sc.(Hons)
12:00 PM - 1:00 PM	Lunch Break
1:00 PM - 5:00 PM	Office Microscopy; Basics in Office Methods of Blood and Saliva Microscopic Diagnostics: Workshop #2 B Co-Chair: Nick Delgado, Ph.D., Thierry Hertoghe, MD
7:00 PM	A4M Conference Registration Closes
Possible CME Credits	8.0 CME Credits Available

Friday, July 14, 2006

6:30 AM	A4M Conference Registration Opens	
8:00 AM - 6:30 PM	A Scientific & Practical Guide To Adult Hormone Deficiency: Workshop #	3 Co-Chair: John Crisler, DO
8:00 AM - 9:15 AM	Bio-Identical Hormones From a Reproductive Endocrinologist's Perspective	Andrea Vidali, MD
9:15 AM - 10:30 AM	Hormones: Dosing Guidelines for Women	Andrea Vidali, MD
10:30 AM - 10:45 AM	Break	
10:45 AM - 11:30 AM	Hypogonadism and the Adult Male	John Crisler, DO
11:30 AM - 12:00 PM	Testosterone Replacement Therapy (TRT): A Recipe for Success	John Crisler, DO
12:00 PM - 1:15 PM	Lunch Break	
1:15 PM - 2:15 PM	Testosterone, DHT, Growth Hormone, IGF-1 and the Potential Risk for Cancer. The Myth	Mark L. Gordon, MD
2:15 PM - 3:15 PM	Growth Hormone: The Facts & Guidelines for Dosing	Mark L. Gordon, MD
3:15 PM - 3:30 PM	Break	
3:30 PM - 4:15 PM	Optimum Thyroid Replacement	Neal Rouzier, MD
4:15 PM - 5:00 PM	DHEA, Melatonin, Pregnenolone	John Crisler, DO
5:00 PM - 5:45 PM	Cortisol	Neal Rouzier, MD
5:45 PM - 6:30 PM	Reproductive Aging: Causes and How to Delay it. Role of DHEA	Andrea Vidali, MD
7:00 PM	A4M Conference Registration Closes	
Possible CME Credits	8.5 CME Credits Available	



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Friday, July 14, 2006

Stephens Convention Center - Room # 24-25

6:30 AM	A4M Conference Registration Opens	
7:30 AM - 5:30 PM	Endocrinology: A Practical Application of Treating Adult Hormone Defic Workshop #4	ciency Using Bio- Identical HRT Co-Chair: Thierry Hertoghe, MD
7:30 AM - 8:30 AM	Introduction to Treating Hormone Deficiency: The ABC's with Tips on how to Boost their Safety and Efficacy	Thierry Hertoghe, MD
8:30 AM - 9:30 AM	Testosterone Replacement Therapy (TRT)	Ron Rothenberg, MD
9:30 AM - 10:00 AM	DHEA - The Mother Hormone	Ron Rothenberg, MD
10:00 AM - 10:15 AM	:00 AM - 10:15 AM Break	
10:15 AM - 11:15 AM	Female Hormones	Thierry Hertoghe, MD
11:15 AM - 12:00 PM	Adult Growth Hormone Deficiencies Treatments	Ron Rothenberg, MD
12:00 PM - 1:15 PM	Lunch Break	
1:15 PM - 2:15 PM	A Women's Hormonal Symphony	Pamela Smith, MD
2:15 PM - 3:00 PM	Thyroid Hormones	Thierry Hertoghe, MD
3:00 PM - 3:15 PM	Break	
3:15 PM - 4:00 PM	Preventing and Reversing Osteoporosis and Vitamin D	Pamela Smith, MD
4:00 PM - 5:00 PM	"How to Prescribe" Hormones for all Bio-Identical Hormones that are Used in Hormone Replacement Therapy	Ron Rothenberg, MD
5:00 PM - 5:30 PM	Compounds Used in Adult Hormone Deficiency *	John Grasela, R.Ph.
7:00 PM	A4M Conference Registration Closes	·
Possible CME Credits	8.0 CME Credits Available	

Friday, July 14, 2006

6:30 AM	A4M Conference Registration Opens	
8:00 AM - 10:00 AM	Heavy Metals Detoxification and Environmental Medicine: Workshop #5 A Co-Chair: John Zenk, MD	
8:00 AM - 8:30 AM	A 30 month follow-up Report on an "outcome-based study" using LAPd in Stage IV cancer patients *	James Foresythe, MD
8:30 AM - 9:00 AM	The Role of Silent Inflammation in the Aging Process	Barry Sears, Ph.D.
9:00 AM - 10:00 AM	Toxic World; The use of Activated, Liquid Zeolite in Heavy Metal Detoxification	John Zenk, MD Rik Deitsch, MS
10:00 AM - 12:00 PM	Subclinical Hyperparathyroidism: A Precursor of Osteoporosis and Dementia Workshop # 5 B Eric Braverman, MD	
12:00 PM - 1:00 PM	Lunch Break	
1:00 PM - 5:15 PM	Genomics, Hormone Metabolism & HRT: Workshop # 5 C	Patrick Hanaway, MD
1:00 PM - 2:15 PM	A Women's Hormonal Symphony	Pamela Smith, MD
2:15 PM - 3:30 PM	Estrogen Metabolism & Breast Cancer	Kathleen Thomsen, MD
3:30 PM - 5:15 PM	Estro Genomics & Breast Cancer Risk	Patrick Hanaway, MD
7:00 PM	A4M Conference Registration Closes	
Possible CME Credits	7.5 CME Credits Available	

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Stephens Convention Center - Room # 27

6:30 AM	A4M Conference Registration Opens	
8:00 AM - 5:50 PM	New Breakthroughs in Anti-Aging Medicine: Workshop #6	Co-Chair: Stephen Holt, MD
8:00 AM - 8:30 AM	Topiramate in Dermatology	Rakesh Bharti, MD
8:30 AM - 9:00 AM	Fat Loss: The Healthy Way Ahead	Doris Bell, Ph.D.
9:00 AM - 9:30 AM	Hypercholesterolemia Treatment: A New Statin Free Method	Sergey A. Dzugan, MD, Ph.D.
9:30 AM - 10:00 AM	The Effects of Bovine Colostrum on IGF-1 Levels and Quality of Life in an Elderly Population	Roger Y. Murray, MD
10:00 AM - 10:30 AM	The Thermodynamic Theory of Aging in Action: Medical Nutrition Recommendations for Patients of Any Age	Georgi P. Gladyshev, Ph.D
10:30 AM - 11:00 AM	Genetic analysis of tumor cells for cancer diagnosis and assessment of Therapeutical Options	Doris Bachg, MD
11:00 AM - 11:30 AM	The 7-0xo-Keto-Dhea:The Immune System's Rejuvenator Hormone	Ascanio Polimeni, MD, Ph.D.
11:30 AM - 12:00 PM	Phytoestrogens and Hormone Therapy for Climateric Women- Alternative or Promising Combination	Adolf E. Schindler, MD, PhD
12:00 PM - 12:30 PM	Thermographics: Bringing the Invisible to Light	Curtis Bennett
12:30 PM - 1:10 PM	Lunch Break	
1:10 PM - 1:40 PM	Premature Aging and Obesity: Nutritional Support for Weight Control	Stephen Holt, MD
1:40 PM - 2:10 PM	Skin Health Restoration: Treatment with Natural Vitamins and Hormones	Matteo Tutino, MD
2:10 PM - 2:40 PM	Clinical Data of Hormone Markers for Athlete's Peak Performance	Paul Ling Tai, D.P.M., FACFS, ABPS. (Ret), N.D.(Hon)
2:40 PM - 3:10 PM	Medical Spa Industry Facts: Start-Up, Operation and Statistics	Cheryl Whitman
3:10 PM - 3:50 PM	Whole Body Vibration as an Exercise Intervention: Building Optimal Health, Wellness and Human Function *	Joseph Signorile, Ph.D. Scott Hopson, BS
3:50 PM - 4:50 PM	Discovery of a Novel Natural Ingredient with Unusual Immune Enhancing Properties *	Alexander Schauss, Ph.D., FACN
4:50 PM - 5:20 PM	Hair Restoration: Preserving and Restoring the Aging "Frame" of the Face	Alan Bauman, MD
7:00 PM	A4M Conference Registration Closes	·
Possible CME Credits	8.5 CME Credits Available	

Friday, July 14, 2006

5:00 PM - 9:00 PM	Lasers and Aesthetic Techniques: EVENING WORKSHOP	
5:00 PM - 5:30 PM	Latest Techniques in Facial Fillers for Aesthetic Enhancement with Hyaluronians and Collagens	Sharon McQuillan, MD
5:30 PM - 5:50 PM	Latest Technique in Semi-Permanent Facial Fillers for Aesthetic Enhancement with Calcium Hydroxylapatite	Sharon McQuillan, MD
5:50 PM - 6:10 PM	Latest Techniques in Semi-Permanent Facial Fillers for Aesthetic	Holly Barbour, MD

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	Enhancement with Poly-L-Lactic	
6:10 PM - 7:15 PM	Demonstrations of Facial Filler Techniques	Sharon McQuillan, MD
		Holly Barbour, MD
7:15 PM - 8:15 PM	Advanced Facial Scultping with Botulinum Toxin A with Demonstration	Sharon McQuillan, MD
8:15 PM - 9:00 PM	Effective Marketing for Aesthetic Services	Janette Daher, BS
Possible CME Credits	4.0 CME Credits Available	

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Stephens Convention Center - Room # 34

5:30 PM - 9:00 PM	Genomics Diagnostics of Aging : EVENING WORKSHOP	Michael Klentze, MD, Ph.D.
Possible CME Credits	3.5 CME Credits Available	

Friday, July 14, 2006

Stephens Convention Center - Room # 24-25

6:00 PM - 8:00 PM	How to Open a Successful Anti-Aging Practice: EVENING WORKSHOP *	
Possible CME Credits	0 CME Credits Available	

Friday, July 14, 2006

Stephens Convention Center - Room # 22

6:00 PM - 9:00 PM	PolyMVA - Frank Antonawich, Ph.D.: EVENING WORKSHOP *	
Possible CME Credits	0 CME Credits Available	

Friday, July 14, 2006

Stephens Convention Center - Room # 26

6:00 PM - 9:00 PM	Amino-Care: S.R. Burzynski, MD, Ph.: EVENING WORKSHOP *	
Possible CME Credits	0 CME Credits Available	

Friday, July 14, 2006

Stephens Convention Center - Room # 27

6:00 PM - 9:00 PM	Women's Hormonal Health: Lab Testing Tools in Clinical Practice - Genova Diagnostics Patrick Hanaway, MD: EVENING WORKSHOP *	
Possible CME Credits	O CME Credits Available	

Friday, July 14, 2006

Stephens Convention Center - Room # 23

7:30 PM - 8:30 PM	MDWERKS: EVENING WORKSHOP *
Possible CME Credits	O CME Credits Available

Friday, July 14, 2006

Stephens Convention Center - Room # 33

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6:00 PM - 9:00 PM	Neaclear: EVENING WORKSHOP *	
Possible CME Credits	O CME Credits Available	

Friday, July 14, 2006

Stephens Convention Center - Room # 31-32

6:00 PM - 9:00 PM	ABAAM / ABAAHP Written Part, Board Review Course *	Pamela Smith, MD, MPH
Possible CME Credits	0 CME Credits Available	

Daily CME Hours Possible: 12.5 Hours



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A4M GENERAL SESSION

Saturday, July 15, 2006

6:00 AM	A4M Conference Registration Opens		
7:00 AM - 7:40 AM	New and upcoming vaccines that may greatly impact the health of older adults in the coming decade *	Mark Blatter, MD	
7:40 AM - 8:20 AM Energy Manipulation via Palladium Lipoic Complex in Cancer and Stroke * Frank Antonawich, Ph.D.		Frank Antonawich, Ph.D.	
8:20 AM - 9:00 AM	Opening Remarks	Ronald Klatz, MD, DO Robert Goldman MD, PhD, DO, FAASP	
9:00 AM - 9:30 AM	How Efficient are Melatonin, Growth Hormone, Thyroid, DHEA and Estrogen Corrective Therapies to Prevent or Reverse Coronary Insufficiency: the Data	Thierry Hertoghe, MD	
9:30 AM - 10:00 AM	Emerging Applications of Blood Stem Cells	Aw Choon, MD, Ph.D.	
10:00 AM - 10:30 AM	Hormonal Relationships to Cardiovascular Diseases - Literature Update 2006	Eugene Shippen, MD	
10:30 AM - 11:00 AM	Maximum Human Performance with Anti-Aging Therapeutics	Robert Goldman MD, PhD, DO, FAASP	
11:00 AM	Exhibit Hall Open		
11:00 AM - 1:00 PM	Exhibit Hall Break & Lunch Break		
1:00 PM - 1:40 PM	The New Genetic Science of Aging: Increasing the Quality and Length of Life	Joseph Maroon, MD Jeff Bost	
1:40 PM - 2:20 PM	Traumatic Brain Injury Hormonal Deficiency Syndrome	Mark Gordon, MD	
2:20 PM - 3:10 PM	Advances in Clinical Anti-Aging Medicine: Nutrition and Hormones	Ron Rothenberg, MD	
3:10 PM - 4:00 PM	O PM - 4:00 PM Reliability Theory of Aging Factors of Exceptional Longevity Leonid Gavrilov, M.S., Ph. Natalia Gavrilova, M.S., P		
4:00 PM - 5:15 PM	Exhibit Hall Break		
5:15 PM - 6:00 PM	The Mars & Venus Diet & Exercice Solution *	John Gray, Ph.D.	
6:00 PM - 6:30 PM	Epilepsy, Food Intolerance, and "The G.A.R.D." (The Glutamate & Aspartate Restricted Diet)	John Symes, D.V.M.	
6:30 PM - 7:00 PM	Genetics of Brain Aging (I). Gene Silencing in Neurons	S.R. Burzynski, MD, Ph.D.	
7:00 PM - 7:30 PM	Exercise Prescriptions for Adult Rehabilitation and Anti-Aging Programs	Jim Bell, Ph.Dc.	
6:00 PM	Exhibit Hall Closes		
6:00 PM	A4M Conference Registration Closes		
7:30 PM	A4M General Session Closes		
Possible CME Credits	7.0 CME Credits Available		

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PROGRAM @ GLANCE

Saturday, July 15, 2006

Stephens Convention Center - Room # 21

5:30 PM - 9:00 PM	Aesthetic Medicine : EVENING WORKSHOP Sharon McQuillan, MD		
5:30 PM - 6:30 PM	Aesthetic Treatment Roundtable: Ask the Experts Sharon McQuillan, MD		
	Q & A SESSION	Holly Barbour, MD	
	Vic Narurkar, MD		
6:30 PM - 7:30 PM	Laser Workshop: Featuring Advanced Applications of StarLux (Palomar SPONSORED WORKSHOP) *		
7:30 PM - 9:00 PM	Medical Spa Workshop: Liability, Equipment, Layout, Operational Jannette Daher, BS		
	Concerns Lisa Travis		
	Q & A SESSION Eric Light		
Possible CME Credits	2.5 CME Credits Available		

Saturday, July 15, 2006

Stephens Convention Center - Room # 22

7:30 PM - 10:00 PM	Polymorphisms – Gene Diagnostics for Age Related Disease Risk Prediction and Costumed Tailored Personalized Treatments: EVENING WORKSHOP Michael Klentze, MD, Ph.D.	
Possible CME Credits	2.5 CME Credits Available	

Saturday, July 15, 2006

Stephens Convention Center - Room # 24-25

6:00 PM - 8:00 PM	How to Open a Turn Key Weight Management program?: EVENING WORKSHOP * Kim Ruby, CE	
Possible CME Credits	0 CME Credits Available	

Saturday, July 15, 2006

Stephens Convention Center - Room # 23

7:30 PM - 9:30 PM	The Brain and Hormone Synergism: EVENING WORKSHOP * Eric Braverman, MD	
Possible CME Credits	0 CME Credits Available	

Daily CME Hours Possible: 9.5 Hours

A4M GENERAL SESSION

Sunday, July 16, 2006

6:30 AM	A4M Conference Registration Opens	
7:00 AM - 8:20 AM	Eye Opener: Melatonin Update with Special Emphasis on its Cancer- Inhibiting Effects	Russel Reiter, Ph.D.
8:20 AM - 8:50 AM	Brain Fog	Binyamin Rothstein, DO
8:50 AM - 9:30 AM	A Women's Hormonal Symphony	Pamela Smith, MD
10:00 AM	Exhibit Hall Opens	
9:30 AM - 10:30 AM	HGRH and Synthetic Analogs, their Physiology and Actions	Donald Owen, Ph.D.
10:30 AM - 11:00 AM	Hypo-Fractionated Stereotactic Radiosurgery (HFSR) For Primary & Metastatic Tumors, Acoustic Neuromas and Combined Seeds/Limited External Radiation for Prostate Carcinoma	Gil Lederman, MD
11:00 AM - 11:30 AM	Bio-Identical Hormones in Neuro-Endocrinology for Repair and Rejuvenation of the Aging Endocrine System	S. Ali Mohamed, MD
11:30 AM - 1:00 PM	Exhibit Hall Break & Lunch Break	
12:00 PM	Conference Registration Closes	
1:00 PM - 1:40 PM	Preventive Molecular Medicine, an Update on the Revolution in Medicine made Possible by Genomics	David Moskowitz, MD

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1:40 PM - 2:10 PM	Anti-Aging Therapeutics from Europe	Prof. Umberto Scapagnini, MD, Ph.D.
2:10 PM - 2:50 PM	Toxic World: Influence on Health & Ageing of Pollutants: A Wake-Up Call	Jean A Monro, MB, BS
2:50 PM - 3:30 PM	Prevention or Reversal of Deep Venous Insufficiency and Treatment	Imtiaz Ahmad, MD, F.A.C.S.
3:30 PM - 4:00 PM	New Techniques for Cancer Prevention and Early Detection	Keith Block, MD
4:00 PM - 4:30 PM	The Legal Front: What's New with HGH and Testosterone Replacement Therapy	Rick Collins, JD
4:30 PM - 5:00 PM	Simple Rules for Protecting your License and Practice	Algis Augustine, Esq
5:00 PM - 5:30 PM	Hormones and the Aging Brain	Eric Braverman, MD
5:00 PM	Exhibit Hall Closes	
5:30 PM	A4M General Session Closes	
Possible CME Credits	8.5 CME Credits Available	

Sunday, July 16, 2006

Stephens Convention Center - Room # 22

8:00 AM - 5:00 PM	Zone Labs * Barry Sears, Ph.D.
Possible CME Credits	0 CME Credits Available

Sunday, July 16, 2006

Stephens Convention Center - Room # 21

5:30 PM - 8:30 PM	Aesthetic Medicine: EVENING WORKSHOP Sharon McQuillan, MD	
5:30 PM - 6:30 PM	Medical Spa by Numbers: Tools of the Business	Janette Daher, BS
6:30 PM - 7:30 PM	Photodynamic Therapy	Sharon McQuillan, MD
7:30 PM - 8:30 PM	Combination Therapies in Aesthetic Medicine	Sharon McQuillan, MD
Possible CME Credits	3 CME Credits Available	

Sunday, July 16, 2006

Stephens Convention Center - Room # 31-32

3:00 PM - 7:00 PM	ABAAM/ABAAHP/ ACASP Sports Medicine Examination *
Possible CME Credits	0 CME Credits Available

Daily CME Hours Possible: 11.5 Hours

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PROGRAM @ GLANCE

Special Workshops Available

(Additional registration fee applies. Please contact A4M registration department at 800-558-1267 for more information)

Wednesday, July 12, 2006

8:30 AM - 6:30 PM
American College of Anti-Aging Sports Medicine Professionals (ACASP)/
Sports Medicine: WORKSHOP

Daily CME Hours Possible: 8 Hours

Thursday, July 13, 2006 Sofitel - Room: TBA

8:30 AM - 6:30 PM	American College of Anti-Aging Sports Medicine Professionals (ACASP)/ Sports Medicine : WORKSHOP	Jim Bell, Ph.Dc.
Daily CME Hours Possible: 8 Hours		

Thursday, July 13, 2006 Sofitel - Room: TBA

9:00 AM - 5:00 PM Hormones Modulation and Testosterone : WORKSHOP * Eugene Shippen, MD

Monday, July 17, 2006 Sofitel - Room: TBA

9:00 AM - 5:00 PM Fellowship in Anti-Aging and Functional Medicine Day 1 (Module I & II)

Tuesday, July 18, 2006 Sofitel - Room: TBA

9:00 AM - 5:00 PM Fellowship in Anti-Aging and Functional Medicine Day 2 (Module I & II)